

DON'T GO OVERBOARD WITH SAFETY!

**“ RISKY PLAY
IS ESSENTIAL:
I LEARN TO RECOGNIZE
DANGEROUS SITUATIONS
AND DEVELOP THE SKILLS
I NEED TO BE SAFE. ”**

DON'T GO OVERBOARD WITH SAFETY!

**“ ZERO RISK
DOES NOT EXIST!
WHEN I GET BUMPS
AND BRUISES,
I ALSO LEARN TO BE MORE
CAREFUL NEXT TIME. ”**

OUTSIDE PLAY!

“ PLAYING OUTSIDE
REDUCES MY STRESS
AND ANXIETY,
EVEN IF MY FEET
ARE WET! ”



OUTSIDE PLAY!

“ PLAYING
OUTSIDE IMPROVES
MY ACADEMIC
SUCCESS. ”



**INSPIRE
À MOUVER**

**“ I’M SITTING DOWN
ALL DAY, I NEED TO
MOVE TO BETTER
CONCENTRATE! ”**

ACTIVE PLAY!



**INSPIRE
À JOUER**

**“ I NEED
TO MOVE TO
DEVELOP MY
MOTOR SKILLS! ”**

ACTIVE PLAY!

SELF-CONFIDENCE!

“ IT’S BY OVERCOMING
OBSTACLES THAT I BUILD
MY SELF-ESTEEM. WHEN
I SUCCEED, I’M PROUD
OF MYSELF! ”

SELF-CONFIDENCE!

“ I TACKLE CHALLENGES
THAT ARE FIT FOR ME:
IF I TRY,
IT’S BECAUSE I CAN! ”

UNSTRUCTURED PLAY!

“ I ALREADY
KNOW HOW
TO PLAY, I DON'T
NEED HELP! ”



UNSTRUCTURED PLAY!

“ INVENTING GAMES
WITH MY FRIENDS
DEVELOPS MY CREATIVITY
AND MY SELF-RELIANCE. ”