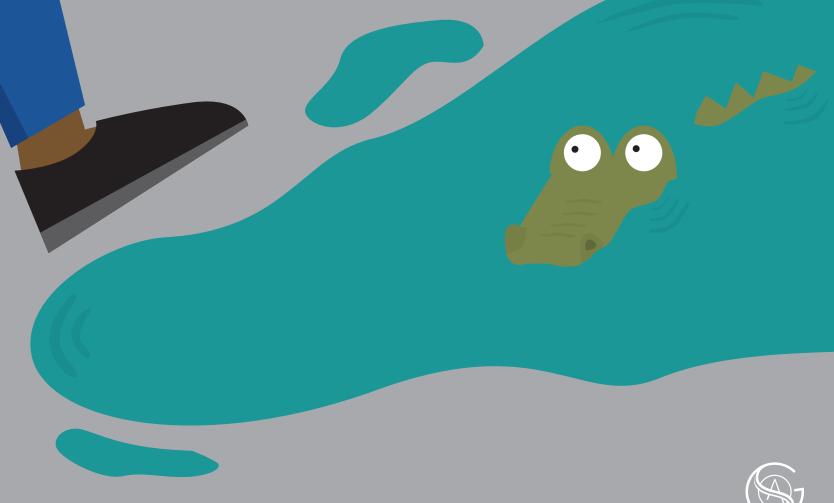


**DON'T GO OVERBOARD WITH SAFETY!** 

"RISKY PLAY
IS ESSENTIAL:
I LEARN TO RECOGNIZE
DANGEROUS SITUATIONS
AND DEVELOP THE SKILLS
I NEED TO BE SAFE."







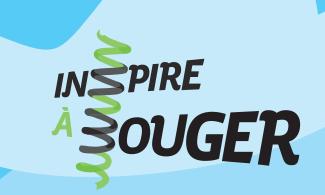


DON'T GO OVERBOARD WITH SAFETY!

"ZERO RISK
DOES NOT EXIST!
WHEN I GET BUMPS
AND BRUISES,
I ALSO LEARN TO BE MORE
CAREFUL NEXT TIME."







**OUTSIDE PLAY!** 

"PLAYING OUTSIDE
REDUCES MY STRESS
AND ANXIETY,
EVEN IF MY FEET
ARE WET!"

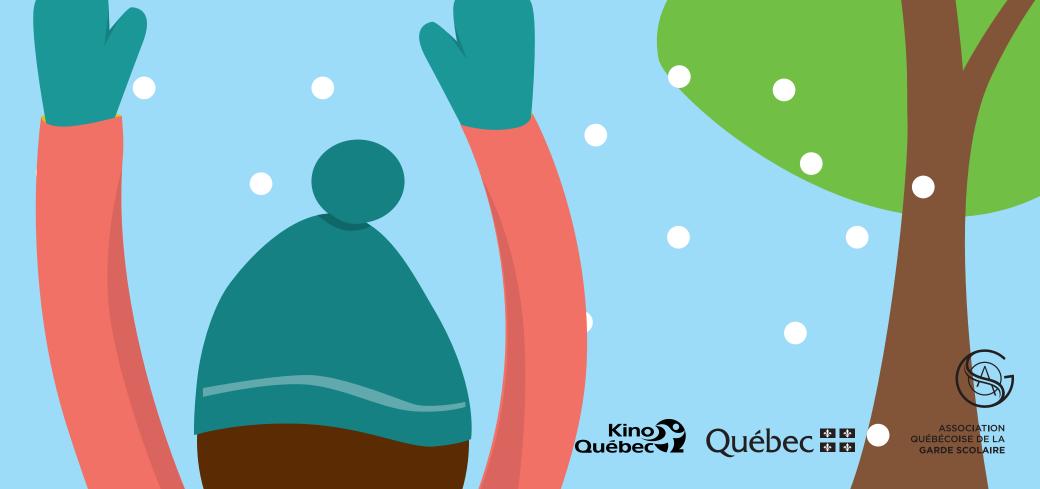






**OUTSIDE PLAY!** 

# "PLAYING OUTSIDE IMPROVES MY ACADEMIC SUCCESS."





## 44 IN SITTING DOWN ALL DAY, I NEED TO MOVE TO BETTER CONCENTRATE

**ACTIVE PLAY!** 







# 4 INEED TO WOVE TO DEVELOP MY MOTOR SKILLS!"

**ACTIVE PLAY!** 







**SELF-CONFIDENCE!** 

"IT'S BY OVERCOMING OBSTACLES THAT I BUILD MY SELF-ESTEEM. WHEN I SUCCEED, I'M PROUD OF MYSELF!"

Kino Québec Z





**SELF-CONFIDENCE!** 

# "I TACKLE CHALLENGES THAT ARE FIT FOR ME: IF I TRY, IT'S BEGAUSE I CAM!"







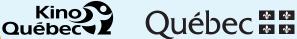


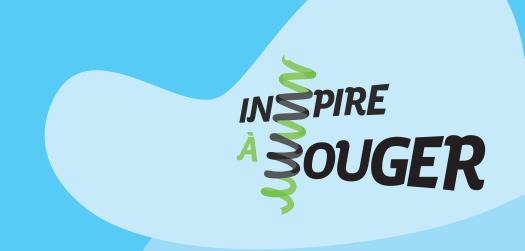
#### **UNSTRUCTURED PLAY!**

### " I ALREADY KNOW HOW TO PLAY, I DON'T NEED HELP!"









**UNSTRUCTURED PLAY!** 

"INVENTING GAMES
WITH MY FRIENDS
DEVELOPS MY CREATIVITY
AND MY SELF-RELIANCE."





